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Terri's two cents

It is with great sadness that we announce the passing of our long-time friend and Board member, Robert W. Brodrick.

Rob was always a huge supporter of Prevention CDN-NDG. We met almost 30 years ago when he became a very active member of our Neighbourhood Watch Program. He was already involved in the Patricia (William Bowie) Park Community and an active volunteer on keeping the outdoor rink watered and functional.

The safety of the neighbourhood was always of great interest to him and Helen and they became Block Captains. Rob worked closely with the late William Joseph, his friend and neighbour, who was President of the Prevention CDN-NDG Board and who encouraged him to play a more active role, with both the Program and the organization.

Rob was a huge advocate of the organization's growth and development. In 2002, when we were approached with the idea of running the Eco-quartier office in Rob's district, Loyola, he loved the idea, and believed that the organization could play an even bigger role in the community. He was proud of everyone on staff and always encouraged us to

both do our best and take time for our families.

Rob was also the rare type of person who would drop everything to come



to your aid in the middle of the night or would give you the shirt off his back. A little clichéd, I know, but such a kind and gentle

soul. He was famous for saying, "Don't forget to pop in for a coffee! Or come by on the weekend for a drink" He had a full backyard on Canada Day and a full house at Christmas time and around his birthday. His favourite holiday, of course: St. Patrick's Day and was once very involved in the St. Patrick's Society.

He is survived by his wife Helen Reece Brodrick and daughter Robin and fur-baby Guinness. In lieu of flowers, the family are asking that donations be made to the Canadian Irish Studies Foundation at Concordia University. <https://www.concordia.ca/artsci/irish-studies/foundation/about.html>.



A service will be held in the coming weeks when Robin arrives home from her scholarship at the University of Ireland in Galway.

He will be missed.

- Terri Ste.Marie



375 Gardening

At the 2017 annual flower distribution in Georges St Pierre Park, I had the pleasure of meeting Audette, a dynamic senior. She is a spirited lady in her 80s, but that doesn't stop her from gardening and enjoying the outdoors!

When I met her, she let me know that she was looking for as many plants as she could get for her seniors' residence. At the end of the distribution, there were a few trays of blanket flowers left-over, and so I offered them to her. She snatched them up and set off to plant them. When I offered her a hand to transport them, she happily answered me that she was strong enough to carry the plants on her own. And thus, she disappeared to beautify her building's garden.

As I was finally leaving the park about 20 minutes later, I ran into

Audette in front of her building. True to her word, she was already planting the flowers that I had just given her a few minutes before. Audette gave me a tour of her beautiful garden, which she has almost single handedly put together



her herself (it seems that it was only weeds when she arrived a few years ago). I was very impressed with her garden! She had a variety of annuals and perennials, of all different shapes and colours.

Audette claims that she doesn't know much about gardening (she is self-taught) but given how beautiful the garden is, she obviously knows a lot!

My favourite part of Audette's garden is her homage to Montreal's 375th anniversary. She planted a variety of annuals to shape numbers in the form of 375, and at night she lines the plants with bricks to ensure that they maintain the 375 shape. Such a simple initiative, so creative! Audette is a credit to NDG, the kind of person who shares what she has with others. Her beautiful garden is available for all of those who pass by to admire. If you'd like to revel in Audette's garden's beauty, you can visit: 5605 Upper Lachine, near Oxford.

- Nikki Schiebel

Moving? Please don't forget about the environment

As we prepare to move and we pack our boxes, we often realize that we need to get rid of some stuff. Some of it is old books that we realize that we'll never read again, and other times we realize it's an old bucket of paint that probably isn't good anymore. No matter what you need to dispose of, our ecological moving kiosk / drop off is a one-stop experience!

On Friday, June 30th, from 1pm to 6pm, the Éco-quartier NDG team will be in the Provigo Sherbrooke Parking lot (6485 Sherbrooke Ouest, corner Cavendish). Bring your used clothes + household goods to donate. You can also bring broken/no longer functioning small electronics for safe disposal (AERP), bikes for Cyclo Nord-Sud (usual donation fee should be waived) and hard to recycle items like used textiles and old shoes (Les Super Recycleurs). Of course, it is always important to lighten your and the environ-

ment's burden by applying the principles of the 3 Rs:



REDUCE

- Use old newspapers, blankets or towels to wrap and package your belongings;
- Opt for bulk products or those in

econo-format, which are reusable or only contain slight packaging;

- Avoid an unnecessary surplus of paint - carefully check how much paint you'll need before the job;

REUSE

- Consider selling, or giving away your still-usable items on www.craigslist.ca or www.kijiji.ca;
- Reuse clothes, furniture, appliances, toys and other stuff by organizing a yard sale or by bringing them to a resource centre or a charity;

RECYCLE

- Your used-up oils, paint residue, batteries and various other products can be brought back to authorized dealers or to your local ecocentre, where they will be taken care of in the most ecological way possible;
- Try recycled paint when possible, it is less expensive and of high quality;

Tree Pit Garden

The Eco-quartier NDG is encouraging residents to plant flowers in tree-pits (the square of earth surrounding the tree). There are a few guidelines to follow to ensure that the tree is not harmed in the process.

This is our intern Rene's experience planting in front on her apartment building:
It was a cool morning, I was unmotivated and tired but I had a project to work on. So, I gathered together all of the things that were needed to plant the flowers in the bare and sickly looking patch of earth on Sherbrooke Street West.

Deciding how it should look was easy so I donned my gloves and started digging and whipping Cosmos and Blanket flowers into the earth and before long, passers' by started smiling, saying hello, commenting on how good it looks now, how beautiful it will be and what a great job I was doing! I was feeling better already because I liked digging and planting and the compliments were nice.

The planting was going well then a thought came to me...dogs! Trampling through this beautiful patch of flowers, destroying my hard work!

Three hours had already passed,

the sun was getting hot and I was feeling tired so I hurriedly whipped the rest of the plants into the earth, watered them and went home to create a sign to alert people of the plants and to keep their dogs out.

On reflection, the experience was pleasant; however, it would have been much more enjoyable had someone offered to help. I am excited to see the end result when the plants are in bloom.

By Rene Richardson
Éco-quartier NDG intern

Flowers everywhere!

It can be hard to imagine, but many seeds have to be started indoors during the winter. Their growing season is too short if you plant directly outside at the end of May. Thus, in mid March, the Éco-quartier NDG started seeds inside the office. Seeds like tomatoes, red peppers, and cucumbers were started inside and were finally big enough to be given away by May 24th – the day that marks the no more frost period here in Montreal.

The seedlings were given to a number of day-care centers who are working on vegetable gardens (NDG daycare, Giant Steps, Garderie Montessori, Garderie Montclair) as well as the McKay Center. The little plants will give the children the opportunity to plant, water and nurture the plants as part of their learning. At Éco-quartier NDG, we think that that is great pedagogy!

On Saturday, May 20th, the West End Horticultural Society (WEHS) held their annual fundraiser – a perennial plant sale. They are great partners of the Eco-quartier NDG, and they gave us approximately 60 pots of perennials that did not sell. Eco-quartier NDG staff Adina and intern Rene worked hard to label the plants, figure out if they were for sun or shade, and to package them up for redistri-

bution in the neighborhood. Perennials were given to a few daycare centers (Montclair and Giant Steps), schools (Royal Vale and Muslim elementary), an HLM on Monkland avenue, and to the 'NDG Community Active' project for redistribution to their senior

Pierre, William Bowie and William Hurst) to receive the borough's free annual flowers. More than 1020 residents received free cosmos for shade and blanket flowers for sunny spots. Many residents also benefitted from the borough's compost and woodchips.



members. These plants will come back year after year, and thus they will beautify NDG for years to come!

On Saturday, May 27th CDN-NDG residents came once again to three borough parks (Georges St

Residents are encouraged to plant the flowers in their front yards so that all can enjoy them.

Be sure to be on the lookout for all of the beautiful flowers as you stroll through the neighborhood.

- Nikki Schiebel

Royal Vale school: a fruit tree story!

The spring campaign for the program "Un arbre pour mon quartier" is in full swing! You have until May 31st to buy a tree for the price of \$25 each, and \$35 for fruit trees.

Royal Vale school decided last year to take advantage of this opportunity and they bought and planted several fruit trees in the school's backyard. Students, teachers, and parents who volunteered worked together to plant the trees, and to follow up with care and maintenance. Indeed, young and recently planted trees require regular watering. The school also cares for a 1500 square feet garden where they grow fruits and veggies. What an inspiring food security project, all that's left now is waiting for the delicious and fresh produce to grow!

- **Lysiane Chagnon-Fontaine**



Your bins do not belong to you

As the Eco-quartier NDG staff and volunteers go door to door promoting the new food waste program, some residents let us know that they will be moving soon. Others are very honest about the fact that they don't foresee using the new food waste collection bin (we're still trying to encourage them). Staff always remind resi-

dents, particularly during moving season, that any bins, be them for recycling or food waste collection, are the property of the borough and not the resident. Once a bin has been assigned to an address, it must remain at that address. Every moving season, many new residents contact the Eco-quartier or the Access-Montréal

office because there is no bin at their new residence. In most cases, it is because the last owner / tenant took it with them. Rest assured, if you plan to move, there will be either a bin waiting for you at your new place, or you can pick one up for free at the Eco-quartier NDG.

- **Nikki Schiebel**

HHW collection at the Madison yards

On Sunday, May 28th, the CDN-NDG borough and the Eco-quartier NDG hosted the annual Household Hazardous Waste (HHW) Collection at the Madison Yards on St Jacques street. This once a year event is to help NDGers dispose of their household hazardous waste (including paint, batteries, solvents, small electronic appliances, etc). More than 350 households participated in the collection bringing in over 5 tons of toxic materials. At least 16 residents made 2 or more trips to bring paint, chemicals and other toxic items. Old computers and electronics made up the bulk of the waste.

Most residents came by car, but

some came by taxi, others by bike, and some even came by foot!

If you missed the HHW collection but have toxic items to dispose of, you can bring them to the CDN

eco-centre (6925 Chemin de la Cote des Neiges). They are open every day in the summer from 10am-6pm (proof of residence is required).

- **Nikki Schiebel**



Moving ... safely!

Here are a few safety tips that you can adapt to your own situation in order to ensure a safe move.

Before D day:

Tell trusted neighbours the exact date you will be leaving and let them know whether you will be using the services of a moving company or friends in order to avoid phony mover's showing up. Do not hesitate to meet your new neighbours (as well as the superin-



tendent or the landlord) to inform them of the time you will be moving in, to ask them for information (on parking, garbage days, characteristics of your street, etc.). If you decide to use a moving company, make sure that it is legitimate and reliable before you agree to anything and always demand a written contract. While you pack your belongings, use this opportunity to engrave them and make an updated list of your valuables (an engraver may be borrowed free of charge from all Tandem Montréal offices). Objects that will not be packed in

boxes (television, computer, microwave oven, etc.) should be wrapped in towels or bed sheets to hide them from prying eyes.

During the move:

Ask people you trust to remain at both your new home and your former address in order to keep an eye on your property and help coordinate things. Never leave anything outside (on the balcony, in the driveway, in the car, truck or trailer, etc.) without surveillance. Move your valuables (jewellery, furs, works of art, money, etc.) yourself or leave them with someone you trust for a few days, even if you are moving other items with professionals. If you move by yourself or with friends, make sure that you are carrying everything in a safe manner:

- Do not overload the truck, trailer or car;
- Maintain good visibility;
- Fasten everything to keep objects from falling during the move;
- Keep plastic sheets handy in case of rain.

After the move:

Change the lock or the lock's barrel as soon as possible. Give the landlord and someone you trust a key to your home. Recycle or destroy boxes that came with your valuables to avoid showing everyone what you own.

Use only your initials or the word "occupied" on your mailbox (or next to the intercom) and if needed, have a peephole installed in your front door. Change the batteries in your smoke detector and check it regularly.

To add to your peace of mind, have a Tandem Montréal counsellor do a free security evaluation of your new home.



Do not forget to make a change of address when you are moving. Please visit the link below to create your personalized itinerary, you will obtain a customized list of steps to take to notify government departments and agencies of your change of address.
<http://www4.gouv.qc.ca/EN/Portail/Citoyens/Evenements/changement-adresse/Pages/accueil.aspx>

For any other questions concerning crime prevention please contact us at info@preventionndg.org or 514-736-2732.

Protect your bicycle against theft - for free

Tandem, together with our local Police Stations 11 and 26, will organize kiosks (Projet Numéro) where you can come and engrave your bike **free of charge**. All you need to bring is your bicycle and a piece of identification and we will do the rest. Engraving your bike increases your chance of getting it back incase you would lose it due to theft.

- **June 26th** from 10am to noon, corner of de Van Horne and Victoria.
- **June 27th** from noon to 2pm, corner of Upper Lachine and Oxford.

- **June 29th** from 10am to noon at Jean-Brillant park (on Decelles).
- **June 29th** from noon to 2pm, at Gilbert-Layton park.
- **July 3rd** from 10am to noon, on Edouard-Montpetit (corner of Louis-Collin).
- **July 4th** from noon to 2pm, Metro Vendome (on Sherbrooke).
- **July 5th** from 10am to noon, Metro de la Savane.
- **July 6th** from noon to 2pm, corner of de Maisonneuve and Grand.
- **July 10th** from 10am to noon, Kent Park on Cote-des-Neiges.
- **July 11th** from noon to 2pm, at Coffee Park on de Maisonneuve.
- **July 12th** from 10am to noon, at

St. Joseph's Oratory on Queen-Mary.

- **July 13th** from noon to 2pm, at Park Trenholme on Sherbrooke.

More dates and places to come in July and August.

If you are not available for any of these dates, please contact Tandem CDN/NDG 514-736-2732 or email us at : info@preventioncdnndg.org to make an appointment to have your bicycle engraved or contact your local police station. These appointments are also free of charge.

Willingdon Elementary School

Helping youth to bring positive changes to their school environment!

Lately, Guillaume Lapointe - the man in charge of the graffiti aspect of our urban arts program here at Prevention CDN-NDG - helped 75 students from Willingdon Elementary School in Notre-Dame-de-Grâce to concretise a mural related to a project they had in mind:



"The purpose of our project is to make a change to our school lawn in order to beautify the space. We did so by designing a mural that will add colour to the building, adding new benches that will serve as additional sea-

ting for the community and adding new bike racks to encourage kids to take their bike to school and be more active. The purpose of our project was also to make our school more unique and special. We played a vital role in the design process: we conducted a site analysis, researched the history of NDG, drew scale and perspective drawings of the space as well as created 3D renderings. We researched the various benches and bike racks available and discussed which options would be best for our school. We collectively contributed to our colourful mural, painting words that we believe represent our amazing school and community".

- The Graduating Class of 2017.

Guillaume offered different work-shops to the 6th grade students group and help them in their creative process : brainstorming, sketches ... They chose



colors and words that represent well the wonderful school they evolved in : Helpful, Généreux, Creative, Hopeful, Déterminés, Passionate, Ensemble, Friendly, Fantastique ...

A couple of weeks ago, they finally painted the mural made from wood boards on the main façade of the building. It took them 3 days, with the help of Guillaume, to concretise this amazing idea all together – a project that will impact the visual of their and the futur students everyday life environment!



Our new Street Worker

We are very pleased to announce that our former outreach worker for Seniors in CDN, Annie Thifault, will be changing positions with us at Prevention CDN-NDG. Her demonstration of initiative, enthusiasm, passion and dedication has been an amazing asset to her clients and colleagues alike, and while we are sad to

see her leave the seniors team, we will now welcome her as one of the outreach workers for youth aged 12-25 and their families.

For more information on Annie's mandate, give her a call at 438-878-9507 or by email at annieprevndg@gmail.com

